



SPEAK

with RESPECT.

TALK the TALK for LGBTQ+ Youth.

It's easy to be an LGBTQ+ ally. Just tweak how you speak!

1

Ditch the guesses.

Don't assume someone's gender or orientation—just ask!

2

Share your pronouns.

Saying “Hi, I’m Alex, they/them” makes it normal for everyone.

3

Get the name right.

If someone tells you what they go by, use it!

4

Say it like you mean it.

Learn how to pronounce names and terms correctly—it shows respect.

5

Break the mold.

Skip the stereotypes—LGBTQ+ people are individuals!

YOUR WORDS HAVE POWER.

Use them for good! Not sure what to say? Just ask. Being curious is the first step toward being an ally.

Looking for LGBTQ+ youth support? Reach out to your local coalition or visit our allies at outrightvt.org.



SHOW UP. STEP IN. SPEAK OUT for LGBTQ+ Youth.