



Celebrate Smart.

Prom and graduation are a time to celebrate—you've earned it. As you close one chapter of your life and start the next, you deserve to mark your accomplishments by having fun. You should also treat yourself and your friends safely, and with respect.

1/3 of youth drunk driving fatalities happen this time of year. Those aren't just statistics—they're people who had bright futures ahead of them. You can choose to celebrate without alcohol.

Our community is working to ensure that you have a safe celebration. There are also things that you can do to stay safe:



Never drive drunk or get into a car when someone's been drinking.



Think about your choices ahead of time, know the signs of too much alcohol use and how to help a friend in need. **Call 911** in an emergency.



Share your location with someone you trust.



Text for a ride if you don't feel safe. Come up with a code phrase to signal you want to be picked up right away.

SEE REVERSE FOR IMPORTANT RESOURCES ►

Resources every Teen should have:

If you or someone you care about ever need help, here are community resources.

IN AN EMERGENCY, CALL 911.

Suicide Hotline

Dial 9-8-8

Mental Health Crisis Line

Crisis Text Line – **Text "VT" to 741741**
and a trained crisis counselor will respond
within 5 minutes.

VT Helplink

Call **802-565-LINK** (5465) or visit
VTHelplink.org for free and confidential
alcohol and drug support and referral services
if you or someone you know needs help.

Sexual Violence Hotline

1-800-489-7273

Get help now:



greenpeakalliance.org